



How an AI Scribe Helped an Ontario Psychiatrist Reclaim Her Time

Case Study: Dr. Usha Parthasarathi, Psychiatrist (Burlington, ON)

The Challenge

“I realized one thing that was making me nervous and feeling overwhelmed was the documentation burden.” Dr. Usha Parthasarathi

Dr. Usha Parthasarathi spent years working in emergency, forensic, and inpatient psychiatry before transitioning to a community-based clinic. She realized that without the hospital administrative support, she was spending a significant amount of time on documentation.

As she explains, **“One of the best things about psychiatry is we can understand a patient’s story, and understanding a patient story, means spending a lot of time interviewing them.”**



Dr. Parthasarathi was spending several hours each day, and additional time on weekends, completing consultation notes. The impact on her workload and personal life led her to limit the number of new consultations she accepted to just one or two.

The Solution

To reduce the time spent on documentation, Dr. Parthasarathi adopted an AI scribe and turned to the Ontario AI Scribe Program to find the AI scribe that worked best for her needs and specialty.

She valued the program’s focus on privacy, security, and legal compliance, which addressed some of her main priorities. The discounted pricing offered through the program also made the technology a cost-effective option.



The Result

“That was the best thing that ever happened to me,” says Dr. Parthasarathi. The impact on her workflow was immediate. “I actually see six to seven consults because my notes are done by the end of the day.” She quickly recognized another benefit. Instead of dividing her attention between her patients and note-taking, she could focus fully on the conversation, maintaining eye contact and being more present during visits.

“The more patients you see in a day, the less you’re going to grasp what they’re saying. But an AI scribe doesn’t experience cognitive fatigue. So, I find when I’m looking at the notes, I realize, wow, this is something that my patient has gone through and I didn’t hear it. The fact that I can see the patients, and the notes are done at the same time, for a psychiatrist, that’s a gold mine.”

Dr. Parthasarathi has also found that her patients are more engaged in their care. By reviewing notes with patients in real time, she can ensure nothing is overlooked while giving them a personalized summary they can reference after their visit.

The time savings have been transformative. By saving two hours on documentation per consultation, Dr. Parthasarathi can now see more patients without sacrificing evenings or weekends, allowing her to spend more time with family and maintain a healthier work-life balance.



[Get started with the Ontario AI Scribe Program.](#)

For more information on AI scribes, visit the OMD Practice Hub
or contact support@ontariomd.com.